



MorseLife

2011 LUNCH & LEARN SERIES CALENDAR

Call A Friend and Come Join Us!

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| January 26, 2011 | Learn to “Strike Out Stroke” with Dr. Eric D. Kramer, Medical Specialists of the Palm Beaches at JFK Medical Center |
| February 16, 2011 | Health Benefits of Chocolate |
| Mar 16, 2011 | Celebrate National Nutrition Month |
| May 18, 2011 | Good and Bad Fats...What’s the difference? |
| June 15, 2011 | Creating a Healthy Renal Diet |
| July 20, 2011 | Debunking Urban Food Legends |
| Aug 17, 2011 | Secrets to Longevity |
| October 19, 2011 | Benefits of a Healthy Breakfast |
| November 16, 2011 | Everything You Ever Wanted To Know About Milk Products....But Were Afraid To Ask |
| December 21, 2011 | Come Celebrate the Holidays at our 10 th Annual Celebrity Latke Cook-off! |

All Programs Will Be Held In The Shapiro Family Auditorium at Morse Geriatric Center

On the Marilyn & Stanley M. Katz Seniors Campus

11:30 a.m. – 1:00 p.m.

Lunch for Program Participants will be specially priced at \$5.00

Space is limited. Make your reservations early by calling:

561.623.2922

